What is it all about?
Can a single trainee do anything to change psychiatric training?
Can a group of trainees do anything to change psychiatric training?
Agenda

• What is EFPT?
• History
• Organisation
• Functions and goals
EFPT: European Federation of Psychiatric Trainees

- An independent, non-profit-making, international federation of psychiatric trainees associations.

- Started in London, UK, in 1992 (16 psychiatric trainees from 9 countries met in order to discuss training issues).

- The constitution was written in Netherland, in March 1993, establishing that the Forum would seek membership from all European countries.
History (1)

- 1994 - Utrecht: organization formally established
- 1994 - Cork: constitution adopted
- 1995 - Copenhagen (12 members): UEMS Board of Psychiatry
- 1996 - Lisbon: Psychotherapy statement
- 1997 - Athens: Treasurer, internet links
- 1998 - Ghent: Board elected, Federation started
- 1999 - Tampere: Permanent seat on UEMS Board; Links to AEP
- 2000 - Berlin: WAYPT, Financial support from UEMS
- 2001 - Naples: EFPT website, WPA
History (2)

- 2002 - Sinaia: 11 workgroups, Workshop at WCP Yokohama
- 2003 - Paris: Satisfaction Survey, creation of ANEP
- 2004 - Cambridge: Representation in “European Leaders of Psychiatry” meetings, Review of the statements
- 2005 - Istanbul: workgroup on exchange program (short term), media and psychiatry workshop, satisfaction survey, website
- 2006 - Riga: Competency Based Training workgroup, Constitution and Registration process
- 2007 - Athens: continuation in registration process in order to become an NGO with a seat in Belgium, EFPT agreement to assist UEMS in formulating a Competency Based Training
- 2008 - Gothenburg: revision of statements, finalization of the registration process
General Assembly

- is held at the annual forum and it is the highest authority and decision making body of the Federation

- meets under the presidency of president in charge annually

- General Assembly is called “the European Forum of Psychiatric Trainees”

- ideally each full member association has two representatives per country, if possible, one trainee in adult and the other one in child and adolescent psychiatry.
Organisation of EFPT (2)

Board of Directors of the Federation is elected at the Forum by the present full members

- EFPT Board of Directors 2008/2009

  - President elect - Martina Rojnic Kuzman, Croatia
  - President - Amit Malik, United Kingdom
  - Past president - Kajsa Norström, Sweden
  - Secretary General - Alexander Nawka, Czech Republic
  - Treasurer till 31.12.2008 - Tommi Väyrynen, Finland
    from 1.1.2009 - Jörg Nikitopoulos, Germany
  - CAP Representative - Stephanie Colin, France
  - IT Secretary - Luis Mendonca, Portugal
25 current EFPT member countries

Austria (96)
Belarus (observer in 08)
Bosnia and Herzegovina (06)
Czech Republic (08)
Croatia (08)
Denmark (93)
Estonia (98)
Finland (93)
France (95)
Germany (93)
Greece (94)
Ireland (93)
Italy (95)
Latvia (04)
Netherlands (93)
Norway (93)
Portugal (05)
Romania (97)
Russia (07)
Slovenia (05)
Spain (95)
Sweden (03)
Switzerland (07)
Turkey (00)
United Kingdom (93)
How to become a full member?

- The candidate association must address a letter of candidature to the Board of the Association.
- The acceptance of the candidature will be voted by the board by a simple majority.
- The board will inform the general assembly of all the candidatures.

The admission of new full members is subordinated to the three following conditions:

- to have taken part in two consecutive forums
- to provide the statutes of the national organization to the board
- approval of application by vote by a simple majority in a General Assembly

If a member organization does not take part in two consecutive forums, it loses its statute of effective member.
The EFPT website: www.efpt.eu
The EFPT e-group (efptgeneral@yahoogroups.com)
Functions and goals

E xplore the diversity and richness of current training of psychiatrists in Europe;
F urther the development of national trainees’ organizations in all European countries;
P romote and represent internationally the views of the trainees in all branches of psychiatry;
T ranslate the discussion of trainees into action at a local level to improve training.

Create a communication network between European psychiatric trainees, in order to allow circulation of information, ideas exchange, sharing experiences, discussion on training standards.
What happens at EFPT Forums?

Country reports
Poster sessions
Working groups
(Competency Based Training, Exchange, CAP, Working conditions, Burn out, IT)

Training programs of European Countries

POLICY STATEMENTS

UEMS policy
What is a statement?

- a short and clear text written by the participants of a workgroup
- is the result of a collective thought and express the workgroup´s opinion
- is presented to the forum where it is further discussed
- becomes a statement after voting procedure
- is used to promulgate the opinion of EFPT forum to relevant bodies
EFPT statements (1)

• Trainee organizations:
  – National trainees organizations

• Content of training:
  – General medicine and neurology in psychiatric training
  – Experience in research
  – Training in Child and adolescent Psychiatry
  – Psychotherapy training
  – Training in Community Based Psychiatry
  – Old age psychiatry
  – Common trunk
  – Liaison psychiatry
EFPT statements (2)

• Organization of training:
  – Part-time training
  – Exchange of trainees between different countries
  – Removal of trainee from training
  – Independent appeal procedure for the trainee
  – Mental Health Promotion

• Quality of training:
  – Evaluation of knowledge
  – Supervision
  – Evaluation
  – Requirements for teachers
  – Quality assurance in training: independent inspection in training institutions
  – Log books
What is UEMS?

- European Union of Medical Specialists (UEMS)
- Board of Psychiatry was established in 1992
- Main objective:
  - training in Psychiatry
  - improvement and harmonization of its quality throughout Europe
UEMS & EFPT

• EFPT has had a permanent seat in the UEMS since 1999
• EFPT statement for psychotherapy is reflected on the Chapter 6 of the UEMS Charter for specialist training
• EFPT has gained voting rights in the UEMS Board of Psychiatry in 2004
Links with other associations

• National trainees organisations
• WPA - World Psychiatric Association
• WPA-YPC - Young Psychiatrists Council
• EPA - European Psychiatric Association
• PWG - Permanent Working Group of European Junior Hospital Doctors
International collaboration

- EFPT welcomes international initiatives which promote the interests of psychiatric trainees and young psychiatrists

- EFPT wishes to collaborate with international organisations and activities on shared aims and principles of the EFPT as agreed in the constitution and EFPT statements
Join us in Cambridge next July.